



Serving Boone, Merrick, & Nance Counties

Family Emergency Plan

EMERGENCY Fire – Police – Ambulance

CALL 911

<i>Police</i>	
<i>Hospital</i>	
<i>Region 44 Emergency Management</i>	308-563-4443
<i>Nationwide Runaway Hotline</i>	1-800-786-2929
<i>National Child Abuse Hotline</i>	1-800-422-4453
<i>National Domestic Violence Hotline</i>	1-800-799-7233
<i>Center for Missing and Exploited Children</i>	1-800-843-5678
<i>National Poison Control Center</i>	1-800-222-1222

Household Information

Home #: _____

Address: _____

Name:	Name:
Mobile #:	Mobile #:
Other #:	Other #:
Email:	Email:
Important Medical Information:	Important Medical Information:

Name:	Name:
Mobile #:	Mobile #:
Other #:	Other #:
Email:	Email:
Important Medical Information:	Important Medical Information:

School, Childcare, Caregiver, and Workplace Emergency Plans

Name:	Name:
Address:	Address:
Emergency/ Hotline #:	Emergency/ Hotline #:
Website:	Website:
Emergency Plan/Pick-Up:	Emergency Plan/Pick-Up:

Name:	Name:
Address:	Address:
Emergency/ Hotline #:	Emergency/ Hotline #:
Website:	Website:
Emergency Plan/Pick-Up:	Emergency Plan/Pick-Up:

In Case of Emergency Contact

Name:	Name:
Address:	Address:
Mobile #:	Mobile #:
Email:	Email:

Out-of-Town Contact

Name:	Name:
Address:	Address:
Mobile #:	Mobile #:
Email:	Email:

Emergency Meeting Places

Indoor:
Instructions:
Neighborhood:
Instructions:

Out-of- Neighborhood:	Out-of- Town:
Address:	Address:
Instructions:	Instructions:

Important Numbers for Information

Doctor:	_____
Doctor:	_____
Pediatrician:	_____
Dentist:	_____
Hospital/Clinic:	_____
Pharmacy:	_____
Medical Insurance:	_____
Policy #:	_____
Medical Insurance:	_____
Policy #:	_____
Homeowner/Rental Insurance:	_____
Policy #:	_____
Flood Insurance:	_____
Policy #:	_____
Veterinarian:	_____
Kennel:	_____
Electric Company:	_____
Gas Company:	_____
Water Company:	_____
Alternate/Accessible Transportation:	_____

Emergency Preparedness Kit Checklist

Every family should have an emergency preparedness kit. These kits are simple to make and can save lives in a time of disaster. Emergency kits should consist of the following items:

- Flashlight and extra batteries
- Radio, battery powered or hand crank, and extra radio batteries
- Water, 1 gallon of water per person per day for at least 3 days
- Food, at least a 3-day supply of non-perishable food
- Can opener
- Clothes
- First Aid kit
- Prescription medication
- Blanket
- Money
- Personal hygiene items (deodorant, toothbrush, etc.)
- Important documents
- Dust Mask

Home Fire Escape

Use the graph to draw your home's floor plan, and plot your home fire escape routes.

Tips for creating and practicing your escape plan:

- Everyone in your household should know *two* ways to escape from each room in your home.
- Decide where to meet once you get outside.
- If a fire starts, you may have just **two minutes** to get to safety. So time your fire drills and find out: what's your escape time? _____
- Smoke is dangerous. Practice low crawling.
- Teach household members what to do if their clothes catch fire: stop, drop, and roll.

